

Operating Hours: 5:30 a.m. – 6:30 p.m.

Core Learning Hours: 8:00 a.m. – 4:00 p.m.

Time	Experience	Focus / Intentions
5:30–8:00 a.m.	Early Arrival & Quiet Play	Gentle start to the day, cozy spaces, books, art invitations, and breakfast as needed. Children ease into the day at their own pace.
8:00–9:00 a.m.	Arrival & Invitations to Play	Child-led exploration of natural materials, sensory play, and social connection.
9:00–9:20 a.m.	Morning Gathering	Songs, stories, and conversations to build community and introduce daily provocations.
9:20–9:40 a.m.	Movement & Mindfulness	Yoga, dance, or outdoor rhythm games supporting coordination and joyful movement.
9:40–10:00 a.m.	Morning Snack	Shared meal rituals, nutrition, independence.
10:00–11:15 a.m.	Project & Exploration Time	Small-group inquiry: art studio, building, sensory materials, storytelling, nature investigations.
11:15–12:00 p.m.	Outdoor Discovery	Garden time, nature walks, loose-parts play, physical movement in nature.
12:00–12:30 p.m.	Lunch Together	Nourishment, social connection, and gratitude practice.
12:30–2:00 p.m.	Rest & Reflection	Rest, quiet reading, soft music, journaling or drawing—time to recharge and process discoveries.
2:00–2:30 p.m.	Gentle Wake-Up / Story Sharing	Literacy and language through storytelling and conversation.
2:30–2:45 p.m.	Afternoon Snack	Nutrition and self-help skills.
2:45–3:30 p.m.	Studio & Creative Expression	Painting, clay, collage, or open-ended art as languages for thought and emotion.
3:30–4:15 p.m.	Outdoor Play & Nature Inquiry	Continued exploration outdoors, gross motor play, and social collaboration.
4:15–6:30 p.m.	Extended Afternoon / Pick-Up	Unhurried play, indoor or outdoor choice time, storytelling, reflection, and calm transitions to home.